



Summer 2
Learning and revision skills
to maximise potential



Summer 1
R184: The use of
technology in sport.
R185: Topic 5
enhancement.
**Athletics, Orienteering,
Lawn Bowls.**

Spring 1
R184: Issues which affect
participation in sport recap. The
role of sport in promoting values
recap.
R185: Topic 1 & 2
enhancement.
Squash, MMA, Mountain Biking



Spring 2
R184: The implications of hosting
a major sporting event for a city
or country. The role NGB play in
development of their sport.
R185: Topic 3 & 4 enhancement.
Badminton, Fitness, Orienteering.



Autumn 2
R187: Plan for and be able to
participate in an OA activity & Evaluate
participation in an outdoor and
adventurous activity.
Table tennis, MMA, Mountain Biking.



Autumn 1
R187: Provision for different types
of OA activities in the UK &
Equipment, clothing and safety
aspects of participating in OAA.
Athletics, Lawn Bowls, Footgolf.

YEAR
11



Summer 2
R184: The use of technology in
sport.
R185: Reviewing your own
performance in planning &
leading a sports session.
**Athletics, Tennis, Mountain
Biking.**



Summer 1
R184: The use of technology in
sport.
R185: Reviewing your own
performance in planning &
leading a sports session.
**Lawn Bowls, Orienteering,
Athletics.**

Spring 2
R184: The role NGB play in
development of their sport.
R185: Leading a sports activity
session.
**Badminton, Fitness,
Orienteering.**



YEAR
10



Spring 1
R184: The implications of hosting a
major sporting event for a city or
country.
R185: Organising and planning a
sports activity session.
Squash, MMA, Mountain Biking.

Autumn 1
R184: Issues which affect
participation in sport.
R185: Key components of
performance.
**Athletics, Lawn Bowls,
Footgolf, Mountain Biking.**



Autumn 2
R184: The role of sport in
promoting values.
R185: Applying practice methods to
support improvement.
**Table tennis, MMA, Mountain
Biking.**

**Cambridge National Level 1 /2 Sport Studies
J829...**