

PSHE

Intent

What are the aims of this subject?

Ambitious - The new PSHE/ SRE curriculum is in line with the new government framework aimed at creating a broad PSHE/SRE curriculum developing knowledge and skills from KS2/KS3 and enabling students to move onto KS5.

Challenging - Lessons are designed to stimulate discussion across a broad range of PSHE topics. Themes are designed to increase in challenge between Y7-11 increasing in depth or subject content.

Engaging - Lessons use a combination of discussion, literacy and film-based tasks to stimulate engagement.

What are the broad areas of knowledge and skills being developed in this subject?

- Mental Health and Wellbeing
- Intimate Sexual Relationships and changing body
- Basic First Aid, drugs and alcohol
- Respectful and online relationships
- Physical health, fitness and health prevention
- Internet safety and being safe, harms and families

To help our young people foster lifelong aspirations, goals and values.

To give every young person an equal opportunity to develop the skills and knowledge they need to thrive now and in the future.

To help them to deal with critical issues they face every day such as friendships, emotional wellbeing and change. And giving them a solid foundation for whatever challenging opportunities lie ahead, so they can face a world full of uncertainty with hope.

To make informed decisions about alcohol to succeeding in their first job, PSHE education helps students prepare for all the opportunities, challenges, life decisions and responsibilities young people face.

This in turn achieves a 'virtuous circle', whereby students with better health and wellbeing can achieve better academically, and enjoy greater success.

All of this means that, when taught well, PSHE education is popular with students, parents and schools.



Implementation	
How is this subject delivered/taught to students?	How is formative and summative assessment used in this subject to improve student's skills and knowledge?
 Key concepts are ordered and taught, so as to support progression to more challenging material Content and concepts ordered to support progression from KS3 and to KS5 Topics are spaced between unrelated topics, to allow thinking time; then revisited and furthered 	Mass practice (end of topic assessments) are used to evaluate the knowledge and skills gained Distributed practice (mini assessments) are used where content/topics are reassessed in shortened versions, at later spaced out intervals Reflect on prior attainment and recap on prior learning to ensure students are ready to move on within their learning. Revisiting concepts and topic areas, each time extending knowledge, deepening understanding and developing skills.
How is enrichment (e.g. residentials, clubs) implemented to enhance the components of this subject?	How are spiritual, moral, social and cultural values developed in this subject?
 Extracurricular/career opportunities which develop social and cultural capital Key vocabulary, reading, writing and numeracy opportunities Support for SEND and students with Low Prior Attainment, as well as challenge for students with High Prior Attainment 	British Values are embedded within our PSHE curriculum and through the wider school experiences of our students. The values of tolerance and respect for all ensures our students make a positive contribution to our society. We aim to develop our students, their skills and values to enable them to live their lives as respectful, caring and responsible citizens. Our Rewards and Behaviour policy supports us in challenging opinions and behaviour that is contrary to fundamental British values. We embed Social, Moral, Spiritual and Cultural (SMSC) elements across our curriculum to ensure our students are exposed to a wide variety of beliefs, values and traditions to support them in developing their awareness and understanding of all.



Impact - Top 5!

- 1 All students understand the importance of PSHE, RE, SMSC and British Values and the effects it can have on life in and out of school, this is evident through pupil voice and Holistic Learning and PSHE curriculum work monitored by the subject lead.
- **2** By teaching students to stay safe and healthy, and by building self-esteem, resilience and empathy, an effective PSHE programme of study can tackle barriers to learning, raise aspirations, and improve the life chances of the most vulnerable and disadvantaged pupils.
- **3** The skills and attributes developed through PSHE education are also shown to increase academic attainment and attendance rates, particularly among students eligible for free school meals, as well as improve employability and boost social mobility.
- **4** By the time our students leave, personal, social and health education (PSHE) enables our learners to become healthy, independent and responsible members of a society. It helps them understand how they are developing personally and socially, and tackles many of the moral, social and cultural issues that are part of growing up.
- **5** Our curriculum allows students to learn about rights and responsibilities and appreciate what it means to be a member of a diverse society. Our young people are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community.