



# Children and Young People's Autism Service Intervention

*We are a dedicated team of professionals offering support to families across south Staffordshire around autism covering both assessment and intervention for young people aged 0-19 registered with a GP in south Staffordshire. Appointments may be over the phone, via video consultation or face to face in a range of locations across south Staffordshire including Stafford, Lichfield and Burton. See below for some more information on the intervention process!*

## Referral and triage

If your child has a diagnosis of Autism you can self refer into the service for intervention, or a professional can do this on your behalf. The team will triage the referral and look at the issues you are facing. If the team think another service within MPFT is more appropriate we can transfer the referral to that service. We also offer relevant signposting to external services. If we do this you will receive a letter stating why. If your referral is accepted then we have some options which can help.



## The Autism Toolbox

This is our 10 week interactive course for parents covering a wide variety of topics around autism such as rigidity, anxiety, sleep and challenging behaviours. See our website and check under the autism toolbox tab for more information!

This is our **core offer** for intervention in the service and we may ask you to complete the course or specific workshops as your intervention in the first instance. These workshops are designed to give you as a parent/carer a "toolbox" of skills that are adaptable to many situations. Anyone with a young person diagnosed with autism can access this (0-19, 25 with an Education Health & Care plan (EHCP)).



## Duty line

We can offer short term help and advice via our duty line. Call the office and our admin team will put you down for a call back from a clinician for some advice.

Anyone with a young person diagnosed with autism can access this (0-19, 25 with an Education Health & Care plan (EHCP)).

**Office number: 0300 303 0691**  
**(9am-5pm, Monday-Friday)**

\*In emergency call **999**. In times of immediate crisis contact first response: **0800 131 3126**



## 1:1 Intervention

If after our workshops you still require help you can refer in for some 1:1 support. The team will triage this to assess clinical need. We do have a waiting list for 1:1 intervention so if accepted you may be placed on this. A member of the team will contact you as soon as a clinician has capacity to support you.

This support will be a short period of care covering a specific topic such as understanding autism or anxiety. This will be either face to face or virtual over a video call. If support is required on an additional need then another referral into the service will be required which will then be triaged, this may not be with the same clinician.



## What happens next?

After your episode of care your referral will be closed. But don't worry, we are an open access service. This means you can refer back into the service for a new period of care at anytime if you need it. But remember you always have access to our duty line regardless of a referral. Our door is always open - we are here to help.

